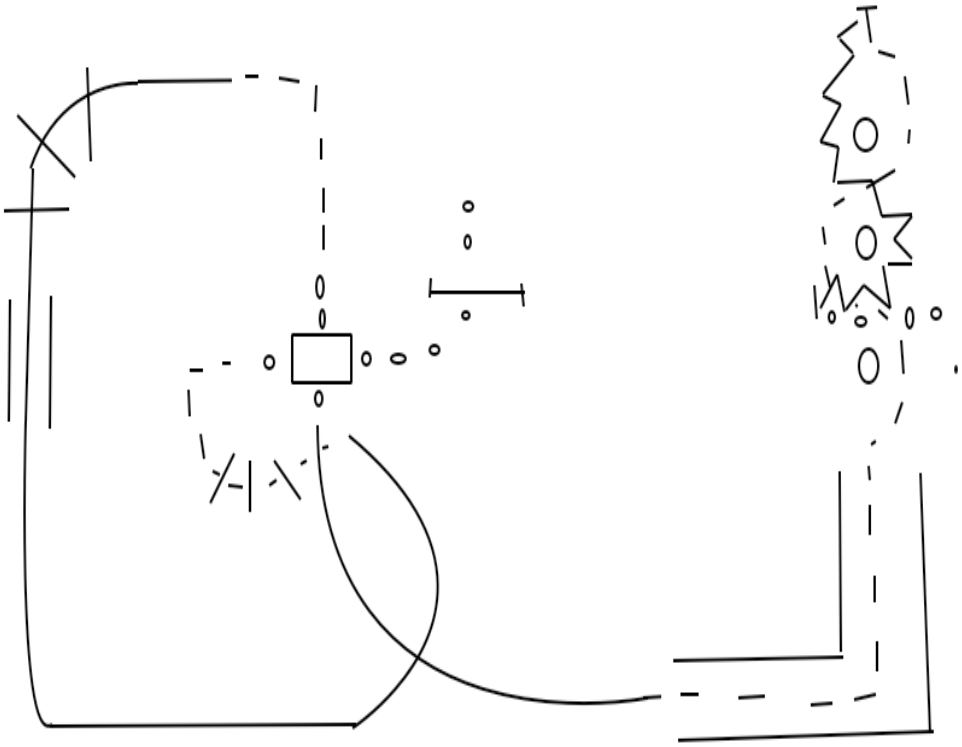
APHA GREEN TRAIL
TRAIL



1. **Walk to the gate, right hand gate.**
2. **Walk over the bridge, jog, over the poles.**
3. **Right lead lope, over the poles.**
4. **Jog, Walk over the bridge.**
5. **Left lead lope, jog.**
6. **Zigzag cones on jog.**
7. **Stop, back zigzag.**
8. **Walk.**